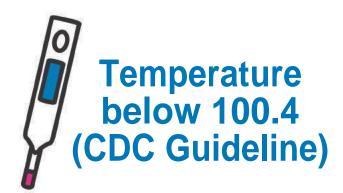


Before you come to My Gym, please ensure the following is true for all members of your household:







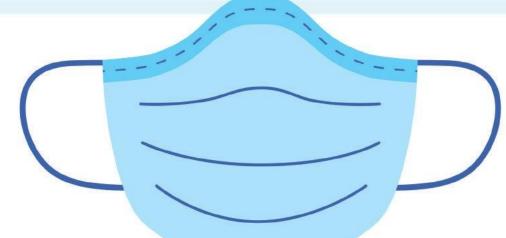
NO known exposure to COVID-19

## Book your spot in advance

Call, text, or go online







Face coverings are optional for adults

Masks for kids are not required

## Arrive no earlier than 5 minutes prior to your class

We'll be hard at work cleaning



Look for the STOP or GO sign

Thank you for waiting outside.

GO Welcome! Come on in.

## Social Distancing Policies

- Children younger under 4.5 years: Must have ONE parent on the gym floor to assist in spotting, safety, and helping to ensure social spacing for you and your child.
- Children older than 4.5 years: To limit the amount of people, we kindly ask that you drop your child off at the door.